

PURPOSE

- Develop local capacity for healthy homes and healthy families.
- Promote healthy behavior and develop knowledge and skills for self-health care in the family.
- Recover and rehabilitation of risk factors in homes.
- Use of self-producing garden to provide more nutritious food and to improve the health of the families; multiple harvests.

The training program starts the educational process with a multiplier effect and the methodology to conduct educational activities to families.

For example demonstration sessions on disinfection and storage of water, food hygiene and so on are given to the families. In total, there are 7 workshops within the 'Healthy Family Plan'.

TARGET GROUP

50 coffee producing families, living in the La Campa, Lempira area. These families are part of the Lenca ethnic group, and are economically and socially vulnerable.

A HEALTHY LIVING AND ENVIRONMENT FOR THE COFFEE COMMUNITY

HONDURAS - approved by the Efico Fund on 05/01/2016

Location

La Campa, Lempira, Western Honduras

Description

This project aims to improve the quality of life of 50 families through the development of local capacities for healthy homes and healthy families.

Through a 'Healthy Family Plan' and training, knowledge and skills are developed for a healthier behavior and self-health family care.

The 'Healthy Family Plan' includes the diagnostic stages of each family, home visits and counseling, treatment, monitoring of cases, making significant and successful results in health promotion.

Housing is improved by providing a concrete kitchen floor, a wood-efficient stove and a water filter to each family.

Additionally, investment in a vegetables production garden will benefit all the families; all the products will be given for free to them, so that the quality of nutrition will be improved.

Project Budget

Efico Fund contribution: € 21,175.33

Project Duration

February 2016 to October 2018

PARTNERS

Fundación Amigos del Café

www.amigosdelcafe.hn

- Project applicant and NGO
- Aims to contribute to the integration and strengthening of Honduran families engaged in coffee activities

Hesslink Koffie - Fingerprinted

www.hesslinkkoffie.nl - www.fingerprinted.eu

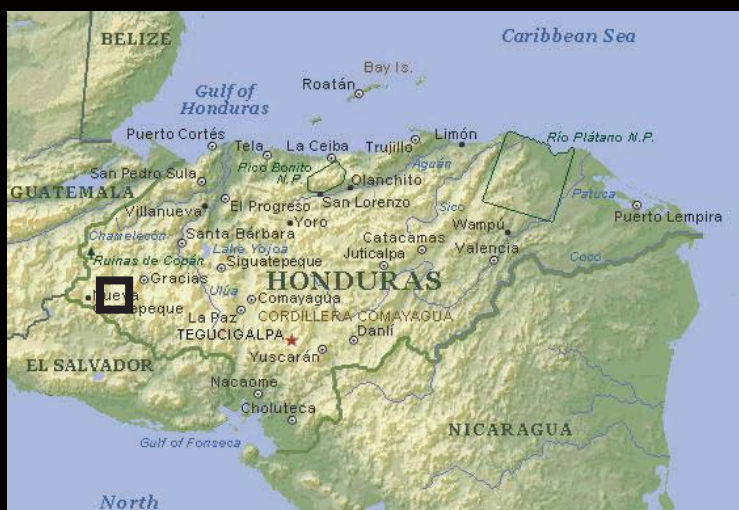
- Dutch coffee roasting company
- Funding partner

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EFICO

www.efico.com

- Funding partner
- EFICO Central America provides supervision and coordination of the project



EXPECTED RESULTS

1) Greater family empowerment : Thanks to the training and the 'Healthy Family Plan', the families' abilities to recognize health risks, to analyze the causes and consequences and to propose changes or solutions to the problems and situations that affect their health and well-being improve.

2) Housing & health improvement : The concrete kitchen floors, wood-efficient stoves and water filters reduce risks as water contamination, gastrointestinal diseases, acute respiratory infections caused by smoke and so on.

SUSTAINABLE DEVELOPMENT IN HONDURAS

